

Sport Your Library Guide



Contact us

We welcome your feedback and comments about the services we provide.

@ library@brooklands.ac.uk



<http://library.brooklands.ac.uk>



@LibraryBc



(Weybridge) 01932 797906

(Ashford) 01932 797651

As a student at **Brooklands College** you can use either Weybridge or Ashford libraries. We have a variety of books, journals, DVDs and online resources for you to use.

**We are happy to help
so please just ask!**

E-Resources

Here are a selection of online resources found on the Library website:

e-library

<http://library.brooklands.ac.uk/e-library>

E-books for FE a platform for library electronic books including several sports titles

General OneFile journal database including the U.S. versions of Men's and Women's health

Issues Online contains articles, statistics and key facts on a number of topics including sport

JISC FE Custom news national newspapers

Primal pictures illustrated and interactive guide to anatomy and physiology

Websites

<http://library.brooklands.ac.uk/web-links>

British Association of Sport & Exercise Sciences

www.bases.org.uk

Sport England www.sportengland.org

Sports Coach UK www.sportscoachuk.org

UK Sport www.uksport.gov.uk

Printed Resources

Books and DVDs to support your course are located mainly in the Blue zone. Some useful numbers are:

Anatomy & Physiology	614
Biomechanics	796.07
Diet & Nutrition	796.0732
First aid	612
Fitness training	796.073
Psychology of sport	796.07
Sports coaching	796.077
Sport (general)	796-ABC
Sports science	796.07-ABC
Strength training	796.074

Journals and magazines will help keep you up to date with what is happening in sport. See:

Four Four Two Print

Men's health Print

Women's health Print

We also take *The Guardian*, *The Times* and 'i' newspapers and *Surrey Advertiser*.